



Iredell Senior Center
 A Program of the Iredell Council on Aging
 344 East Front Street | Statesville | NC | 28677
 704-873-5171 | www.iredellcoa.org/isc
 Lynn Bustle, Senior Center Coordinator
 Jennifer Barraclough, Executive Director





April 2026



Mission Statement

The Iredell Senior Center, in recognizing the need and ability for the continued growth of older adults is dedicated to promoting the physical, emotional, and economic well-being of older adults.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 *Tax-Aide Preparation - Upstairs 8am - 12pm Drop in Billiards – Upstairs 8:30am - 4:30pm Shuffleboard - Ballroom 9 - 10am Acrylic Art – Room 206 9am - 12pm Play Beginners Mah Jongg – Room 211 10am - 12pm Corn Hole – Ballroom 10:15 - 11:15am *Watercolor \$8 - Room 206 1 - 3pm Hand and Foot - Ballroom 1 - 4pm Pinochle - Room 211 1 - 4pm Bridge - Room 209 1 - 4:30pm Bunco - Ballroom 1:30 - 3pm</p>	<p>2 Balance and Strength - Ballroom 9 - 10am Men’s Billiards - Upstairs 9am - 12pm Learn Rummikub - Room 211 9:30am - 12pm Chair Exercise - Ballroom 10:30am - 11:15am Mah Jongg - Room 209 11am - 4pm Drop in Billiards - Upstairs 12 - 4:30pm *Learn to Play Ladies’ Billiards - Upstairs 1:30 - 3pm (with Bill Knauf) Euchre - Room 211 1 - 3pm Line Dance Beginners – Ballroom V 1 - 3pm</p>	<p>3 Closed for Good Friday</p> 
<p>6 *Tax-Aide Preparation - Upstairs 8am - 12pm Drop in Billiards - Upstairs 8:30am - 4:30pm Five Crowns - Room 213 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Knitting - Room 211 11am - 2pm Beginners Canasta - Room 209 1 - 4pm Birthday Bingo - Ballroom 1:30 - 3pm *Caregiver Support Group - Room 206 3 - 4pm Hosted by Jackie Negley, COA</p>	<p>7 *Tax-Aide Preparation - Upstairs 8am - 12pm Women’s Billiards - Upstairs 9am - 12pm Cardio Drumming V - Ballroom 10:15 - 11:15am *\$Lunch Bunch 11:30am (Village Inn Pizza) Drop in Billiards - Upstairs 12 - 4:30pm Hand and Foot - Room 211 1 - 4pm Learn to Crochet & Knit – Lounge 1 - 4pm</p>	<p>8 *Tax-Aide Preparation - Upstairs 8am - 12pm Drop in Billiards – Upstairs 8:30am - 4:30pm Shuffleboard - Ballroom 9 - 10am Acrylic Art - Room 206 9am - 12pm Play Beginners Mah Jongg - Room 211 10am - 12pm Corn Hole - Ballroom 10:15 - 11:15am *Watercolor \$8 - Room 206 1 - 3pm Hand and Foot - Ballroom 1 - 4pm Pinochle - Room 211 1 - 4pm Bridge - Room 209 1 - 4:30pm Bunco - Ballroom 1:30 - 3pm *Senior Games 5:00pm Registration Deadline</p>	<p>9 Balance and Strength - Ballroom 9 - 10am Men’s Billiards - Upstairs 9am - 12pm Learn Rummikub - Room 211 9:30am - 12pm Chair Exercise - Ballroom 10:30am - 11:15am *VIP Support Group - Room 206 11:00 am Hosted by Division of Services for the Blind Mah Jongg - Room 209 11am - 4pm Drop in Billiards - Upstairs 12 - 4:30pm Euchre - Room 211 1 - 3pm Line Dance Beginners -Ballroom V 1 - 3pm *Mini Meadow Magnets Craft - Room 206 2 - 4pm Part I with Lynn (\$3 donation)</p>	<p>10 AFA Memory Screening By Appt Drop in Billiards - Upstairs 8:30am - 4:30pm Bible Study with Dr. Don - Room 206 9:30 - 10:30am Beach Ball Volleyball – Ballroom 10:30 - 11:45am *Qi Gong \$ - Room 206 12:30 - 1:30pm Line Dance Advanced Beginners - Ballroom 1 - 3pm Bowling at Pla Mor Lanes \$ 1 - 3pm</p>
<p>13 *Tax-Aide Preparation - Upstairs 8am - 12pm Drop in Billiards - Upstairs 8:30am - 4:30pm Five Crowns - Room 213 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Knitting - Room 211 11am - 2pm *The Compulsion to Keep - Room 211 12 - 1pm Presented by Partners Health Management (light snacks provided) Beginners Canasta - Room 209 1 - 4pm Bingo - Ballroom 1:30 - 3pm *Healthy Living - Room 211 2 - 3pm with Connie Darnell</p>	<p>14 *Tax-Aide Preparation - Upstairs 8am - 12pm Advisory Meeting - Ballroom 9:00 am Women’s Billiards - Upstairs 9am - 12pm Sit & Stitch - COA Office 10am - 2pm Cardio Drumming V – Ballroom 10:15 - 11:15am Mobile Library Visit 11:30am - 12:30pm Iredell County Public Library *Healthcare Decision Lunch and Learn 12:30pm Ballroom - Sponsored by Hospice and Palliative Care of Iredell *Senior Games – Upstairs 1:00pm Billiards Hand and Foot - Room 211 1 - 4pm Learn to Crochet & Knit – Lounge 1 - 4pm</p>	<p>15 *Tax-Aide Preparation - Upstairs 8am - 12pm Drop in Billiards – Upstairs 8:30am - 4:30pm *Senior Games – Ballroom 9:00am Shuffleboard Acrylic Art – Room 206 9am - 12pm Play Beginners Mah Jongg - Room 211 10am -12pm Corn Hole - Ballroom 10:15 - 11:15am *Watercolor \$8 - Room 206 1 - 3 pm Hand and Foot - Ballroom 1 - 4pm Pinochle - Room 211 1 - 4pm Bridge - Room 209 1 - 4:30pm Bunco - Ballroom 1:30 - 3pm</p>	<p>16 *Caregiver Support Group – Room 206 9 - 10am Hosted by Jackie Negley/COA Balance and Strength - Ballroom 9 - 10am Men’s Billiards - Upstairs 9am - 12pm Learn Rummikub - Room 211 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Mah Jongg - Room 209 11am - 4pm Drop in Billiards - Upstairs 12 - 4:30pm *Learn to Play Ladies’ Billiards - Upstairs 1:30 - 3pm (with Bill Knauf) Euchre - Room 211 1 - 3pm Line Dance Beginners - Ballroom V 1 - 3pm</p>	<p>17 Drop in Billiards -Upstairs 8:30am - 4:30pm Bible Study with Dr. Don - Room 206 9:30 - 10:30am Beach Ball Volleyball - Ballroom 10:30 - 11:45am *Qi Gong \$ - Room 206 12:30 - 1:30pm Line Dance Advanced Beginners - Ballroom 1 - 3pm Bowling at Pla Mor Lanes \$ 1 - 3pm</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>20</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Five Crowns - Room 213 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Knitting - Room 21 1 11am - 2pm Beginners Canasta - Room 209 1 - 4pm Bingo - Ballroom 1:30 - 3pm</p>	<p>21</p> <p>Women’s Billiards – Upstairs 9am - 12pm Cardio Drumming V – Ballroom 10:15 - 11:15am Drop in Billiards – Upstairs 12 - 4:30pm Hand and Foot - Room 211 1 - 4pm Learn to Crochet & Knit - Lounge 1 - 4pm *April Social - Ballroom 2 - 4pm “Bloom Where You’re Planted” RSVP by April 16th</p>	<p>22</p> <p>Drop in Billiards – Upstairs 8:30am - 4:30pm Shuffleboard - Ballroom 9 - 10am Acrylic Art – Room 206 9am - 12pm Play Beginners Mah Jongg – Room 209 10am - 12pm Corn Hole – Ballroom 10:15 - 11:15am *Watercolor \$8 - Room 206 1 - 3 pm Hand and Foot - Ballroom 1 - 4pm Pinochle - Room 211 1 - 4pm Bridge - Room 209 1 - 4:30pm Bunco - Ballroom 1:30 - 3pm</p>	<p>23</p> <p>Balance and Strength - Ballroom 9 - 10am Men’s Billiards - Upstairs 9am - 12pm Learn Rummikub - Room 211 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Mah Jongg - Room 209 11am - 4pm Drop in Billiards - Upstairs 12 - 4:30pm Euchre - Room 211 1 - 3pm Line Dance Beginners - Ballroom V 1 - 3pm *Mini Meadow Magnets Craft - Room 206 2 - 4pm Part II with Lynn (\$3 donation)</p>	<p>24</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Bible Study with Dr. Don - Room 206 9:30 - 10:30am Beach Ball Volleyball - Ballroom 10:30 - 11:45am *Qi Gong \$ - Room 206 12:30 - 1:30pm Line Dance Advanced Beginners - Ballroom 1 - 3pm Bowling at Pla Mor Lanes \$ 1 - 3pm</p>
<p>27</p> <p>*Legal Services w/Beth Setzer By Appt</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Five Crowns - Room 213 9:30am - 12pm Statesville Stitchers - COA Office 10am - 2pm Chair Exercise - Ballroom 10:30 - 11:30am Knitting - Room 211 11am - 2pm Beginners Canasta - Room 209 1 - 4pm Bingo - Ballroom 1:30 - 3pm</p>	<p>28</p> <p>Women’s Billiards - Upstairs 9am - 12pm Cardio Drumming V – Ballroom 10:15 - 11:15am Drop in Billiards – Upstairs 12 - 4:30pm Hand and Foot- Room 211 1 - 4pm Learn to Crochet & Knit – Lounge 1 - 4pm *Movie – Ballroom 1 -3pm “Going In Style”</p>	<p>29</p> <p>Drop in Billiards – Upstairs 8:30am - 4:30pm Shuffleboard - Ballroom 9 - 10am Acrylic Art – Room 206 9am - 12pm Play Beginners Mah Jongg – Room 209 10am - 12pm Corn Hole – Ballroom 10:15 - 11:15am *Watercolor \$8 - Room 206 1 - 3 pm Hand and Foot - Ballroom 1 - 4pm Pinochle - Room 211 1 - 4pm Bridge - Room 209 1 - 4:30pm Bunco - Ballroom 1:30 - 3pm</p>	<p>30</p> <p>Balance and Strength - Ballroom 9 - 10am Men’s Billiards - Upstairs 9am - 12pm Learn Rummikub - Room 211 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Mah Jongg - Room 209 11am - 4pm Drop in Billiards - Upstairs 12 - 4:30pm Euchre - Room 211 1 - 3pm Line Dance Beginners - Ballroom V 1 - 3pm *Trips and Travel Lunch and Learn - Room 206 1 - 2pm</p>	<p>The Compulsion to Keep: Hoarding Disorder- Hoarding disorder can create an overwhelming need to save items and intense distress when attempting to discard them. Join Partners Health Management</p> <p>Healthcare Decision Lunch and Learn-National Healthcare Decision Day is April 16th. Organizations across the county will offer an educational offering to learn more about Advance Healthcare Directives and how to complete them. Join Hospice and Palliative Care of Iredell County for this interactive lunch and learn. RSVP by April 9th</p> <p>Bloom Where You’re Planted Social- Celebrate the beauty of growth at every stage of life! Join us for a cheerful afternoon of spring treats, flower pot decorating, music, and connection as we honor resilience, friendship, and fresh beginnings. Let’s bloom together! Please RSVP by April 16th</p>

ISC Notes for April 2026

<p>V- class offered virtually on our Facebook page. Follow us at Iredell Senior Center! See staff for additional questions. *- need to sign up for the event \$- donation or charge</p> <p>Facebook- Follow our Facebook page to see our virtual program opportunities during the month.</p> <p>Senior Insurance Counseling (SHIP) by appt. If you need assistance with your Medicare and supplemental insurance. Call for an appointment. 704-873-5171</p> <p>Long Term Care Counseling by appt. To set an appointment call Centralina Area Agency on Aging Ombudsman Program at 1-800-508-5777. Let them know you want the appointment at ISC.</p> <p>Legal Assistance by appt. To set an appointment with Legal Aid of North Carolina call the Senior Law Project Helpline at 1-877-579-7562. Let them know that you are a senior from region F.</p> <p>Drop-In Activities- Billiards, Puzzle Library, Games, Corn Hole, Exercise Equipment, Lounge, Massage Chair, Game Room, Media Center, Quilting, Crocheting, Computer Lab, etc.</p>	<p>Legal Services with Beth Setzer - Free simple legal services provided by a local attorney. Assistance is available for the following: Healthcare Power of Attorney, Living Will and Legal Advice. Must be a resident of Iredell County. Call to make an appointment.</p> <p>Resource and Information Office- ISC provides a space for individuals to look through provided information about housing, repairs, Social Security, home security, life alert systems and many more topics. The office also has a computer and printer.</p> <p>Durable Medical Equipment (DME) Closet – ISC provides free rental of DME items like wheelchairs, shower benches, walkers, etc. We also take donations of gently used DME.</p> <p>AFA Memory Screenings- Memory screenings are an important part of a good health and wellness routine. Our staff is AFA trained to provide confidential memory screenings. To make an appointment, see the front desk.</p>	<p>Beginner’s Canasta – Join this group If you want to learn this fun card game or brush up on your skills.</p> <p>Bingo – Bring a new prize, no more than \$1.25, and snacks to play with your friends! Everyone must bring a prize to play.</p> <p>Birthday Bingo- Join us for bingo and snacks to celebrate participants with birthdays this month. Please bring your prize.</p> <p>Bowling at Pla Mor- Come bowl at Pla Mor Lanes in Statesville. The cost is \$9 for two games and shoes. We will be meeting at the lanes.</p> <p>Bridge – If you are new to Bridge, please call the senior center to have your name placed in the rotation.</p> <p>Cardio Drumming- Join our drumming class for fun exercise! Drumming will help you release stress, aggression, and anxiety.</p> <p>Euchre - Come out on Thursdays to play this game with your friends!</p>	<p>Acrylic Art- Bring your own paint, canvas, brushes etc. and art teacher Annette Ratledge will help you turn it all into a work of art.</p> <p>Line Dance Beginners –This class welcomes beginners. If you can count to four, you can do it. You won’t believe how good you’ll look, how much better you’ll feel, and the fun you’ll have. This class is taught by Kathy Strantz.</p> <p>Line Dance Advanced Beginners - This class is for the more experienced dancer. Come and join us to learn fun, low-impact dances. The class is taught by Linda Barclay.</p> <p>Beginners Hand & Foot – Learn to play Hand and Foot which is a rummy card game related to Canasta. In Hand and Foot, players are dealt two sets of cards: the hand, which is played with first, and the foot, which is then played after.</p> <p>Beginners Mah Jongg- the perfect group to join if you are new to Mah Jongg, especially if you’ve recently completed the learning basics class!</p> <p>Watercolor Art Class - Cost is \$8.00 per class and it is a 6-week program. Judy Carpenter will be your instructor. A supply list can be obtained when you sign up.</p>	<p>Monthly Lunch Bunch- Why just see your friends at the senior center when you can join them for lunch too! You will be responsible for your own transportation and meal. This month’s lunch will be at Village Inn Pizza (1503 Cinema Dr, Statesville). Please RSVP by April 6th</p> <p>Rummikub – This is a new game being introduced to ISC.</p> <p>Movie- When three lifelong friends find their pensions disappearing and bills piling up, they decide to take matters into their own hands—by planning a bank heist! Starring Michael Caine, Morgan Freeman, and Alan Arkin, this lighthearted comedy is full of humor, friendship, and a reminder that it’s never too late to take control of your life. Join us at the senior center for popcorn, laughs, and great company!</p> <p>Trips and Travel Lunch and Learn- Join us for a fun and informative Trips & Travel Lunch & Learn! We’ll share highlights and details about our upcoming overnight trips planned for 2026, giving you a sneak peek at exciting destinations and experiences. We also want to hear from you—come ready to share your ideas and suggestions for trips you’d love to take in 2027 and beyond. Please RSVP by April 24th.</p>
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