



Charlotte May 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
				5/1/2026	
 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>					
					5/1/2026
					Chicken Salad Tomato & Lettuce Pasta Salad Wheat Bread (2) Apple Juice Milk Mayonnaise
	5/4/2026	5/5/2026	5/6/2026	5/7/2026	05/08-Mother's Day Special
	Swiss Steak w/ Brown Gravy Whipped Potatoes w/ Chives Carrots Dinner Roll Pineapple Tidbits Milk Margarine	Chicken Fajitas Black Beans Fiesta Vegetables Flour Tortilla Applesauce Milk Taco Sauce Sour Cream	Braised Pork w/ Steakhouse Sauce Mashed Red Potatoes Coleslaw Dinner Roll Hot Glazed Peaches Milk Margarine	Beef/Turkey Cabbage Casserole Whole Kernel Corn Green Beans Dinner Roll Grape Juice Milk Margarine	Chicken Chef Salad Macaroni Salad Cucumber Salad Wheat Crackers (2) Strawberry Shortcake Milk Ranch Dressing (2)
	5/11/2026	5/12/2026	5/13/2026	5/14/2026	5/15/2026
	Beef/Chicken Sweet & Sour Meatballs Brown Rice Broccoli Dinner Roll Tropical Fruit Milk Margarine	Braised Pork w/ Horseradish Sauce Cut Yams Tossed Salad Dinner Roll Mixed Fruit Cobbler Milk Margarine Ranch/Italian Dressing	Pinto Beans Macaroni & Cheese Collard Greens Cornbread Applesauce Milk Margarine Vinegar	Lemon Pepper Bone-In Chicken Wild Rice Brussel Sprouts Dinner Roll Berry Juice Milk Margarine	Beef Patty w/ Sliced Cheese Lettuce, Tomato, & Onion Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mayo/Mustard/Ketchup
	5/18/2026	5/19/2026	5/20/2026	5/21/2026	5/22/2026
Chicken A La King Egg Noodles Green Peas Dinner Roll Tropical Fruit Milk Margarine	Ham & White Beans Whole Kernel Corn Mixed Greens Cornbread Applesauce Milk Margarine Vinegar	Beef/Turkey Taco Meat Fiesta Rice Mixed Beans Flour Tortilla Seasonal Fruit Milk Taco Sauce Sour Cream	Chicken Breast w/ Romesco Sauce Penne Pasta Tossed Salad Dinner Roll Mixed Fruit Cobbler Milk Margarine Ranch/Italian Dressing	Sliced Turkey Breast Swiss Cheese Tomato & Lettuce Kidney Bean Salad Wheat Bread (2) Mixed Fruit Milk Mayo/Mustard	
5/25/2026	5/26/2026	5/27/2026	5/28/2026	5/29/2026	
Closed	Beef Patty w/ Sliced Cheese Lettuce, Tomato, & Onion Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mayo/Mustard/Ketchup	BBQ Chicken Breast Cheesy Potatoes Lima Beans Dinner Roll Mixed Fruit Milk Margarine	Beef/Turkey Pizza Casserole Carrots Tossed Salad Dinner Roll Tropical Fruit Milk Margarine Ranch/Italian Dressing	Chicken Salad Tomato & Lettuce Pasta Salad Wheat Bread (2) Apple Juice Milk Mayonnaise	

Courtney Furr RD, LDN

Program Director

Dietitian

AAA Administrator

Date

Date

Date

Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.