



Charlotte

June 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/1/2026	6/2/2026	6/3/2026	6/4/2026	6/5/2026
Swiss Steak w/ Brown Gravy Whipped Potatoes w/ Chives Carrots Dinner Roll Pineapple Tidbits Milk Margarine	Chicken Fajitas Black Beans Fiesta Vegetables Flour Tortilla Applesauce Milk Taco Sauce Sour Cream	Braised Pork w/ Steakhouse Sauce Mashed Red Potatoes Coleslaw Dinner Roll Hot Glazed Peaches Milk Margarine	Beef/Turkey Cabbage Casserole Whole Kernel Corn Green Beans Dinner Roll Grape Juice Milk Margarine	Chicken Chef Salad Macaroni Salad Cucumber Salad Wheat Crackers (2) Tropical Fruit Milk Ranch Dressing (2)
6/8/2026	6/9/2026	6/10/2026	6/11/2026	6/12/2026
Beef/Chicken Sweet & Sour Meatballs Brown Rice Broccoli Dinner Roll Tropical Fruit Milk Margarine	Braised Pork w/ Horseradish Sauce Cut Yams Tossed Salad Dinner Roll Mixed Fruit Cobbler Milk Margarine Ranch/Italian Dressing	Pinto Beans Macaroni & Cheese Collard Greens Cornbread Applesauce Milk Margarine Vinegar	Lemon Pepper Bone-In Chicken Wild Rice Brussel Sprouts Dinner Roll Berry Juice Milk Margarine	Beef Patty w/ Sliced Cheese Lettuce, Tomato, & Onion Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mayo/Mustard/Ketchup
6/15/2026	6/16/2026	6/17/2026	06/18-Father's Day Special	6/19/2026
Chicken A La King Egg Noodles Green Peas Dinner Roll Tropical Fruit Milk Margarine	Ham & White Beans Whole Kernel Corn Mixed Greens Cornbread Applesauce Milk Margarine Vinegar	Beef/Turkey Taco Meat Fiesta Rice Mixed Beans Flour Tortilla Seasonal Fruit Milk Taco Sauce Sour Cream	Chicken Breast w/ Romesco Sauce Penne Pasta Tossed Salad Dinner Roll Coconut Pie Milk Margarine Ranch/Italian Dressing	Closed
6/22/2026	6/23/2026	6/24/2026	6/25/2026	6/26/2026
Teriyaki Chicken Breast White Rice Broccoli Dinner Roll Tropical Fruit Milk Margarine	Beef Patty w/ Sliced Cheese Lettuce, Tomato, & Onion Baked Beans Hamburger Bun Hot Spiced Fruit Milk Mayo/Mustard/Ketchup	BBQ Chicken Breast Cheesy Potatoes Lima Beans Dinner Roll Mixed Fruit Milk Margarine	Beef/Turkey Pizza Casserole Carrots Tossed Salad Dinner Roll Tropical Fruit Milk Margarine Ranch/Italian Dressing	Chicken Salad Tomato & Lettuce Pasta Salad Wheat Bread (2) Apple Juice Milk Mayonnaise
6/29/2026	6/30/2026			
Swiss Steak w/ Brown Gravy Whipped Potatoes w/ Chives Carrots Dinner Roll Pineapple Tidbits Milk Margarine	Chicken Fajitas Black Beans Fiesta Vegetables Flour Tortilla Applesauce Milk Taco Sauce Sour Cream			 TRIO Community Meals Nourishment through compassionate care.

Courtney Furr RD, LDN

Program Director

Dietitian

AAA Administrator

Date

Date

Date

Allergen Disclaimer: Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.