

Sterling's Old Fashioned 4th of July

3 on 3 Basketball Tournament Registration Form

DATE: Saturday, July 4th

TIME: 3rd-5th and 6th-8th- Competition begins at 8:00 a.m.

High School & over- Competition begins around 10:00 a.m.

- 3rd-8th grade team captains - need to check in by 7:50
- High School & over team captains - need to check in at the courts by 9:50 a.m. - will text captains if start time will be later
- If team does not check in, 1st game could be forfeited

PLACE: Tennis courts at Sterling Lake

ENTRY FEE: \$25 per person

- No more than 4 players per team, **MUST** have at least 3 per team

ENTRY DEADLINE: Friday, July 3, 2026

PRIZES: Prizes will be given to 1st and 2nd place of each division - No t-shirts will be given out.

Please return the form below as soon as possible.

**** Money can be paid on day of tournament- must be paid in full before competition begins. ****

- Make **checks** payable to: Ean Heise **Venmo:** @Ean-Heise **Cash App:** \$heiseean
- Mail the registration and entry fee to: Ean Heise 125 W Cooper Sterling, KS 67579
- Email entry form to: ean.heise@sterling.edu Money can be paid on July 4th
- For questions please email/text/call Ean: ean.heise@sterling.edu | 405.639.9886

Please Circle either ONE of the following divisions:

****Age group is determined by the grade that you will ENTER in the Fall. ****

3rd-5th Grade (Co-Ed) 6th-8th Grade (Girls) 6th-8th Grade (Boys) High School & over (Men)

****No person in Jr. High (or younger) will be allowed to play in the High School & over age group****

Team Name: _____

All participants under the age of 18 must have the signature of a parent or guardian to participate in the tournament.
There will be NO exceptions to this rule.

1. Captain: _____ Phone # of
Captain: _____
 - a. Player/Parent Signature: _____
2. Name of Player 2: _____
 - a. Player/Parent Signature: _____
3. Name of Player 3: _____
 - a. Player/Parent Signature: _____
4. Name of Player 4: _____
 - a. Player/Parent Signature: _____

CONSENT STATEMENT: With my signature, I hereby release and hold harmless the Sterling Chamber of Commerce, Sterling Chamber Main Street, City of Sterling, Ean Heise and all other persons or entities associated with this event from any and all injury or damage for any claims or causes of action whatsoever for any loss or injury suffered by me or by my son or daughter, if the same is a minor.

Sterling's Old Fashioned 4th of July

3 on 3 Basketball Tournament Rules 3rd-5th & 6th-8th GRADE DIVISIONS

1. Rock, Paper, Scissors will determine first possession.
2. First team to 10 points wins.
 - a. 2 pt. baskets = 1 pt. & 3 pt. baskets = 2 pts.
 - b. Must win by 2 points or be the first team to 12.
 - c. Games will have a 20-minute time limit.
3. Semifinals and Championship games will be played to 12.
 - a. Must win by 2 points or be first team to 15.
4. Ball must be taken back to, at least, the 3 pt. line on possession change
 - a. Including air balls, rebounds and steals.
5. Ball must be checked after each score and when the ball goes out of bounds.
6. Ball must be PASSED into play after the ball is checked.
7. Officials will call fouls- offense and defense.
8. 5 foul limit.
 - a. One bonus FT shot after 5 Team fouls.
 - b. FT shooting team gets ball back after FT is shot.
9. Jump balls are alternate possession.
10. Two timeouts per game – 45-second time limit.
11. Substitutions allowed before ball is checked.
 - a. If a team has 4 players, there must be equal rotation of substitutions
12. No foul language or excessive trash talking from players or parents.
 - a. One warning will be given.
 - b. After warning, player will be ejected from the tournament.
13. All back-to-back games will be allowed a 10-minute break between games- if desired.

Tournament director and his staff will have the authority to implement all the above rules and it will be their judgment call on any of the rules. Anyone contesting her or his judgment will be ejected from the tournament.

The Sterling Old Fashioned 4th of July is a time for good, clean fun with family and friends. The above rules will be observed!

Sterling's Old Fashioned 4th of July

3 on 3 Basketball Tournament Rules HIGH SCHOOL & OVER

1. Rock, Paper, Scissors will determine first possession.
2. First team to 15 points wins.
 - a. 2 pt. baskets = 1 pt. & 3 pt. baskets = 2 pts.
 - b. Must win by 2 points or be the first team to 20.
 - c. Games will have a 30-minute time limit.
3. Semifinals and Championship games will be played to 21.
 - a. Must win by 2 points or be first team to 25.
4. Ball must be taken back to, at least, the 3 pt. line on possession change
 - a. Including air balls, rebounds and steals.
5. Ball must be checked after each score and when the ball goes out of bounds.
6. Ball must be PASSED into play after the ball is checked.
7. Players call own fouls- offense and defense
 - a. **Officials will/can be used if necessary, will keep track of total fouls**
8. No individual foul limit.
 - a. One bonus FT shot after 5 Team fouls.
 - b. FT shooting team gets ball back after FT is shot.
9. Jump balls are alternate possession.
10. Two timeouts per game – 45-second time limit.
11. Substitutions allowed before ball is checked.
12. No dunking allowed
 - a. One warning will be given
 - b. After warning, player will be ejected from game
13. No foul language or excessive trash talking from players or parents.
 - a. One warning will be given.
 - b. After warning, player will be ejected from the tournament.
14. All back-to-back games will be allowed a 10-minute break between games- if desired.

Tournament director and his staff will have the authority to implement all the above rules and it will be their judgment call on any of the rules. Anyone contesting her or his judgment will be ejected from the tournament.

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