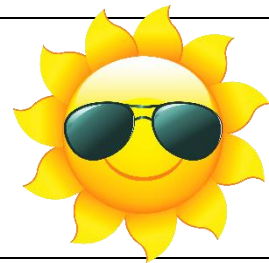
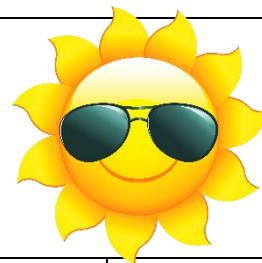




Iredell Senior Center
 A Program of the Iredell Council on Aging
 344 East Front Street | Statesville | NC | 28677
 704-873-5171 | www.iredellcoa.org/isc
 Lynn Bustle, Senior Center Coordinator
 Jennifer Barraclough, Executive Director




June 2026



Mission Statement

The Iredell Senior Center, in recognizing the need and ability for the continued growth of older adults is dedicated to promoting the physical, emotional, and economic well-being of older adults.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Five Crowns - Room 213 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Friendly Hooks & Needles - Room 211 11am - 2pm Beginners Canasta - Room 209 1 - 4pm Birthday Bingo - Ballroom 1:30 - 3pm *Caregiver Support Group - Room 206 3 - 4pm Hosted by Jackie Negley, COA</p>	<p>2</p> <p>Women's Billiards - Upstairs 9am - 12pm Cardio Drumming V - Ballroom 10:15 - 11:15am *\$Lunch Bunch 11:30am (Vaqueros Mexican Restaurant) RSVP by May 29th Drop in Billiards - Upstairs 12 - 4:30pm Hand and Foot - Room 211 1 - 4pm Learn to Crochet & Knit - Lounge 1 - 4 pm</p>	<p>3</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Shuffleboard - Ballroom 9 - 10am Play Beginners Mah Jongg - Room 209 10am - 12pm Corn Hole - Ballroom 10:15 - 11:15am *Watercolor \$ - Room 206 1 - 3pm (last class for the summer) Hand and Foot - Ballroom 1 - 4pm Pinochle - Room 211 1 - 4pm Bridge - Room 209 1 - 4:30pm Bunco - Ballroom 1:30 - 3pm</p>	<p>4</p> <p>Balance and Strength - Ballroom 9 - 10am Men's Billiards - Upstairs 9am - 12pm Learn Rummikub - Room 211 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Mah Jongg - Room 209 11am - 4pm *Learn to Play Ladies' Billiards - Upstairs 1:30 - 3:00pm (with Bill Knauf) Drop in Billiards - Upstairs 3:00 - 4:30pm Euchre - Room 211 1 - 3pm Line Dance Beginners - Ballroom V 1 - 3pm *Estate Planning - Room 206 2 - 4pm Presented by Crosswhite Law RSVP by June 3rd (light snacks provided)</p>	<p>5</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Bible Study with Dr. Don - Room 206 9 - 10am *Learn to Play - Room 209 10am - 12pm American Mah Jongg (with Judy Preston) RSVP by June 4th Beach Ball Volleyball - Ballroom 10:30 - 11:45am *Qi Gong \$ - Room 206 12:30 - 1:30pm Line Dance Advanced Beginners - Ballroom 1 - 3pm Bowling at Pla Mor Lanes \$ 1 - 3pm</p>
<p>8</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Five Crowns - Room 213 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Friendly Hooks & Needles - Room 211 11am - 2pm Beginners Canasta - Room 209 1 - 4pm Bingo - Ballroom 1:30 - 3pm <i>Coverall prizes sponsored by Carolina SeniorCare</i> *Healthy Living - Room 211 2 - 3pm with Connie Darnell</p>	<p>9</p> <p>Advisory Meeting - 213 9:00 am Women's Billiards - Upstairs 9am - 12pm Sit & Stitch - COA Office 10am - 2pm Cardio Drumming V - Ballroom 10:15 - 11:15am Mobile Library Visit 11:30am - 12:30pm Iredell County Public Library Drop in Billiards - Upstairs 12 - 4:30pm Hand and Foot - Room 211 1 - 4pm Learn to Crochet & Knit - Lounge 1 - 4pm *Relay NC - Room 206 2 - 3pm Presented by NC Division of Services for the Deaf and Hard of Hearing</p>	<p>10</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Shuffleboard - Ballroom 9 - 10am Play Beginners Mah Jongg - Room 209 10am - 12pm Corn Hole - Ballroom 10:15 - 11:15am Father's Day Pick Up - Ballroom 10:30am - 4pm (Must be present and while supplies last) Hand and Foot - Ballroom 1 - 4pm Pinochle - Room 211 1 - 4pm Bridge - Room 209 1 - 4:30pm Bunco - Ballroom 1:30 - 3pm</p>	<p>11</p> <p>Balance and Strength - Ballroom 9 - 10am Men's Billiards - Upstairs 9am - 12pm Learn Rummikub - Room 211 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:15am *VIP Support Group - Room 213 11:00 am Hosted by Division of Services for the Blind Mah Jongg - Room 209 11am - 4pm Drop in Billiards - Upstairs 12 - 4:30pm Euchre - Room 211 1 - 3pm Line Dance Beginners - Ballroom V 1 - 3pm *Popsicle Garland Craft - Room 206 2 - 4pm with Lynn Bustle (RSVP by June 8th)</p>	<p>12</p> <p>AFA Memory Screening By Appt Drop in Billiards - Upstairs 8:30am - 4:30pm Bible Study with Dr. Don - Room 206 9:30 - 10:30am *Learn to Play - Room 209 10am - 12pm American Mah Jongg (with Judy Preston) Beach Ball Volleyball - Ballroom 10:30 - 11:45am *Qi Gong \$ - Room 206 12:30 - 1:30pm Line Dance Advanced Beginners - Ballroom 1 - 3pm Bowling at Pla Mor Lanes \$ 1 - 3pm Evening Dance - Ballroom 5:30 - 8:00pm (Please bring a side and/or dessert) Evening Billiards 5:30 - 8:00pm</p>
<p>15</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Five Crowns - Room 213 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Friendly Hooks & Needles - Room 211 11am - 2pm Beginners Canasta - Room 209 1 - 4pm Bingo - Ballroom 1:30 - 3pm</p>	<p>16</p> <p>Women's Billiards - Upstairs 9am - 12pm Cardio Drumming V - Ballroom 10:15 - 11:15am <i>(not instructor led this week)</i> Drop in Billiards - Upstairs 12 - 4:30pm Hand and Foot - Room 211 1 - 4pm Learn to Crochet & Knit - Lounge 1 - 4pm *Bases Loaded Social - Ballroom 2 - 4pm RSVP by June 11th</p>	<p>17</p> <p>Drop in Billiards - Upstairs 8:30am - 4:30pm Shuffleboard - Ballroom 9 - 10am Play Beginners Mah Jongg - Room 211 10am - 12pm Corn Hole - Ballroom 10:15 - 11:15am Hand and Foot - Ballroom 1 - 4pm Pinochle - Room 211 1 - 4pm * Lunch and Learn - Room 206 1 - 3pm Alzheimer's Disease & Dementia Education Presented by Brookdale and Autumn Care RSVP by June 12th Bridge - Room 209 1 - 4:30pm Bunco - Ballroom 1:30 - 3pm</p>	<p>18</p> <p>*Caregiver Support Group - Room 206 9 - 10am Hosted by Jackie Negley/COA Balance and Strength - Ballroom 9 - 10am Men's Billiards - Upstairs 9am - 12pm Learn Rummikub - Room 211 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Mah Jongg - Room 209 11am - 4pm *Learn to Play Ladies' Billiards - Upstairs 1:30 - 3:00pm (with Bill Knauf) Euchre - Room 211 1 - 3pm Line Dance Beginners - Ballroom V 1 - 3pm Drop in Billiards - Upstairs 3:00 - 4:30pm</p>	<p>19</p> <p style="text-align: center;">CLOSED FOR JUNETEENTH</p> 

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22 Drop in Billiards - Upstairs 8:30am - 4:30pm Five Crowns - Room 213 9:30am - 12pm Statesville Stitches- COA Office 10:00am – 2:00pm Chair Exercise - Ballroom 10:30 - 11:30am Friendly Hooks & Needles - Room 211 11am - 2pm *Personality Disorders: - Room 206 12 - 1 pm Presented by Partners Health Management (light snacks provided) Beginners Canasta - Room 209 1 - 4pm Bingo - Ballroom 1:30 - 3pm	23 Women’s Billiards - Upstairs 9am - 12pm Cardio Drumming V - Ballroom 10:15 - 11:15am Drop in Billiards - Upstairs 12 - 4:30pm *Scam Jam - Ballroom 1 - 4pm Presented by Jennifer Barraclough, ICOA Hand and Foot - Room 211 1 - 4pm Learn to Crochet & Knit - Lounge 1 - 4pm	24 Drop in Billiards - Upstairs 8:30am - 4:30pm Shuffleboard - Ballroom 9 - 10am Play Beginners Mah Jongg - Room 209 10am - 12pm Corn Hole - Ballroom 10:15 - 11:15am Hand and Foot - Ballroom 1 - 4pm Pinochle - Room 211 1 - 4pm Bridge - Room 209 1 - 4:30pm Bunco - Ballroom 1:30 - 3pm	25 Balance and Strength - Ballroom 9 - 10am Men’s Billiards - Upstairs 9am - 12pm Learn Rummikub - Room 211 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Mah Jongg - Room 209 11am - 4pm Drop in Billiards – Upstairs 3:00 - 4:30pm Euchre - Room 211 1 - 3pm Line Dance Beginners - Ballroom V 1 - 3pm	26 Drop in Billiards - Upstairs 8:30am - 4:30pm Bible Study with Dr. Don - Room 206 9:30 - 10:30am *Learn to Play - Room 209 10am - 12pm American Mah Jongg (with Judy Preston) Beach Ball Volleyball - Ballroom 10:30 - 11:45am Line Dance Advanced Beginners - Ballroom 1 - 3pm Bowling at Pla Mor Lanes \$ 1 - 3pm
29 Drop in Billiards - Upstairs 8:30am - 4:30pm Five Crowns - Room 213 9:30am - 12pm Chair Exercise - Ballroom 10:30 - 11:30am Friendly Hooks & Needles - Room 211 11am - 2pm Senior Farmers Market Voucher 11:30am -1:00 pm Registration Beginners Canasta - Room 209 1 - 4pm Bingo - Ballroom 1:30 - 3pm	30 Women’s Billiards - Upstairs 9am - 12pm Cardio Drumming V - Ballroom 10:15 - 11:15am Drop in Billiards - Upstairs 12 - 4:30pm Hand and Foot - Room 211 1 - 4pm Learn to Crochet & Knit - Lounge 1 - 4pm *Movie - Ballroom 1 - 3pm Fried Green Tomatoes		<i>Due to the Ladies’ Billiards classes on June 4th and 18th, the Drop-In Billiards will be held from 3:00 - 4:30 PM on those dates.</i> Senior Farmers Market Voucher Registration- Join us to apply for vouchers to use at participating farmers' markets throughout NC. Voucher redemption is dependent on eligibility, based on self-reported age, county, and income requirements. The program runs from July 1st to September 30th, 2026. Applications are available throughout this period.	

ISC Notes for June 2026

<p>V- class offered virtually on our Facebook page. Follow us at Iredell Senior Center! See staff for additional questions. *- need to sign up for the event \$- donation or charge</p> <p>Facebook- Follow our Facebook page to see our virtual program opportunities during the month.</p> <p>Senior Insurance Counseling (SHIIP) by appt. If you need assistance with your Medicare and supplemental insurance. Call for an appointment. 704-873-5171</p> <p>Long Term Care Counseling by appt. To set an appointment call Centralina Area Agency on Aging Ombudsman Program at 1-800-508-5777. Let them know you want the appointment at ISC.</p> <p>Legal Assistance by appt. To set an appointment with Legal Aid of North Carolina call the Senior Law Project Helpline at 1-877-579-7562. Let them know that you are a senior from region F.</p> <p>Drop-In Activities- Billiards, Puzzle Library, Games, Corn Hole, Exercise Equipment, Lounge, Massage Chair, Game Room, Media Center, Quilting, Crocheting, Computer Lab, etc.</p> <p>Legal Services with Beth Setzer - Free simple legal services provided by a local attorney. Assistance is available for the following: Healthcare Power of Attorney, Living Will and Legal Advice. Must be a resident of Iredell County. Call to make an appointment.</p>	<p>Resource and Information Office- ISC provides a space for individuals to look through provided information about housing, repairs, Social Security, home security, life alert systems and many more topics. The office also has a computer and printer.</p> <p>Durable Medical Equipment (DME) Closet – ISC provides free rental of DME items like wheelchairs, shower benches, walkers, etc. We also take donations of gently used DME.</p> <p>AFA Memory Screenings - Memory screenings are an important part of a good health and wellness routine. Our staff is AFA trained to provide confidential memory screenings. To make an appointment, see the front desk.</p> <p>Beginners Mah Jongg - the perfect group to join if you are new to Mah Jongg, especially if you’ve recently completed the learning basics class!</p> <p>Beginner’s Canasta – Join this group If you want to learn this fun card game or brush up on your skills.</p> <p>Bingo – Bring a prize (valued at \$1.50 or less) and snacks to enjoy while playing with your friends. Each player must contribute one prize. If you prefer, you can donate \$1.50 and the center will provide a prize for you.</p> <p>Birthday Bingo- Join us as we celebrate everyone with birthdays this month! Enjoy bingo and snacks with friends. Please bring a prize (valued at \$1.50 or less) to participate. If you prefer, you can donate \$1.50 and the center will provide a prize for you.</p>	<p>Bowling at Pla Mor- Come bowl at Pla Mor Lanes in Statesville. The cost is \$9 for two games and shoes. We will be meeting at the lanes.</p> <p>Bridge – If you are new to Bridge, please call the senior center to have your name placed in the rotation.</p> <p>Cardio Drumming- Join our drumming class for fun exercise! Drumming will help you release stress, aggression, and anxiety.</p> <p>Euchre - Come out on Thursdays to play this game with your friends!</p> <p>Line Dance Beginners –This class welcomes beginners. If you can count to four, you can do it. You won’t believe how good you’ll look, how much better you’ll feel, and the fun you’ll have. This class is taught by Kathy Strantz.</p> <p>Line Dance Advanced Beginners - This class is for the more experienced dancer. Come and join us to learn fun, low-impact dances. The class is taught by Linda Barclay.</p> <p>Beginners Hand & Foot – Learn to play Hand and Foot which is a rummy card game related to Canasta. In Hand and Foot, players are dealt two sets of cards: the hand, which is played with first, and the foot, which is then played after.</p> <p>Friendly Hooks & Needles: Where crafters connect. Bring your knitting, crochet, embroidery, or cross-stitch – and your favorite stories!</p>	<p>Rummikub – This is a new game being introduced to ISC.</p> <p>Watercolor Art Class - Cost is \$8.00 per class and it is a 6-week program. Judy Carpenter will be your instructor. A supply list can be obtained when you sign up.</p> <p>Monthly Lunch Bunch - Why just see your friends at the senior center when you can join them for lunch too! You will be responsible for your own transportation and meal. This month’s Lunch Bunch will be at Vaqueros Mexican Restaurant (3442 E Broad Street) Please RSVP by May 29th.</p> <p>Estate Planning with Crosswhite Law - Join Robert Crosswhite from Crosswhite Law for an easy-to-understand session on protecting your legacy. Learn the basics of wills, trusts, and how to safeguard your assets. Bring your questions! Light snacks will be provided. Please RSVP by June 3rd.</p> <p>Learn to Play American Mah Jongg – This beginner-friendly 6-week session is a great opportunity to learn the basics, build confidence, and enjoy a fun game while making new connections. Please RSVP by June 4th.</p> <p>Bases Loaded Social: Join us for a baseball-themed afternoon of food, games, and fellowship as we celebrate America’s favorite pastime! Please RSVP by June 11th.</p>	<p>Alzheimer’s Disease & Dementia Education: A Lunch & Learn Presentation Knowledge is power when it comes to memory loss. Brookdale and Autumn Care are stopping by to share essential information on identifying early signs, navigating a diagnosis, and finding community support. Bring your questions for the Q&A session to follow. Please RSVP by June 12th</p> <p>SCAM JAM Resource Event - Join us for SCAM JAM, a free community resource event focused on scam prevention, fraud awareness, and protecting yourself from financial exploitation. Visit with local agencies and organizations, learn how to recognize common scams, safely dispose of unused medications at our Medication Take-Back Station, and enter for a chance to win door prizes. Gain valuable information, ask questions, and discover resources available right here in our community. Free Admission • Community Resources • Medication Take-Back • Door Prizes • Scam Prevention Education Please RSVP by June 15th.</p> <p>Personality Disorders: The Impact of Aging- Patti Reese with Partners Health Management will examine how symptoms, behaviors, and interpersonal patterns may change across the lifespan. Some older adults may face unique challenges related to physical health decline, isolation, cognitive changes, etc. Light snacks will be provided. Please RSVP by June 16th.</p>
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