




September 2020



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pineapple Glazed Chicken Macaroni & Cheese Cabbage Cornbread w/Margarine Baked Cookie Milk	2 Beef & Turkey Lasagna Casserole Green Beans Tossed Salad w/Dressing Garlic Texas Bread w/Margarine Peach Cobbler Milk	3 Cheese Omelet Hashbrown Casserole Biscuit w/Margarine Hot Spiced Fruit Grape Juice Milk	4 Pork Roast w/ Gravy Whipped Potatoes Zucchini & Tomatoes Tossed Salad w/Dressing Wheat Bread w/ Margarine Banana Pudding Milk
7 CLOSED 	8 Taco Beef w/Flour Tortilla Shredded Cheese Lettuce & Tomato Taco Sauce & Sour Cream Fiesta Rice Mixed Beans Mandarin Oranges Milk	9 Baked Chicken w/Gravy Au Gratin Potatoes Mixed Greens w/Vinegar Cornbread w/Margarine Pineapple Tidbits Milk	10 Pork Roast w/Onion Gravy Seasoned Rice Broccoli Wheat Roll w/Margarine Strawberry Swirl Pudding Milk	11 Chicken Chef Salad w/Dressing Pasta Salad Mediterranean Lentil Salad Saltine Crackers Banana Milk
14 Meatloaf w/Tomato Gravy Whipped Potatoes Glazed Carrots Dinner Roll w/Margarine Baked Cookie Milk	15 Chicken Alfredo Seasoned Green Peas Tossed Salad w/Dressing Garlic Texas Bread w/ Margarine Fresh Apple Slices Milk	16 Turkey Breast w/Gravy Cornbread Dressing Green Beans Dinner Roll w/Margarine Tropical Fruit Milk	17 Smothered Chicken Country Potatoes Whole Kernel Corn Wheat Roll w/Margarine Lemon Swirl Pudding Milk	18 Beef Patty w/ Cheese & Bun Lettuce, Tomato & Onion Mayo, Mustard, Ketchup Baked Beans Mixed Fruit Cup Milk
21 Cranberry Dijon Chicken Seasoned Rice Mixed Vegetables Wheat Roll w/Margarine Mandarin Oranges Milk	22 Salisbury Steak w/Gravy Whipped Potatoes Brussels Sprouts Wheat Roll w/Margarine Baked Cookie Milk	23 Pulled BBQ Chicken w/Bun Baked Beans Corn O'Brien Rocky Road Pudding Milk	24 Beef Spaghetti Bake Broccoli Tossed Salad w/Dressing Garlic Breadstick w/ Margarine Cranapple Crisp Milk	25 Sliced Ham w/Swiss Cheese Wheat Bread Mayo & Mustard Pasta Salad California Salad Banana Milk
28 Swiss Steak w/Gravy Whipped Potatoes Mixed Vegetables Texas Bread w/Margarine Fresh Apple Slices Milk	29 Pineapple Glazed Chicken Macaroni & Cheese Cabbage Cornbread w/Margarine Baked Cookie Milk	30 Beef & Turkey Lasagna Casserole Green Beans Tossed Salad w/Dressing Garlic Texas Bread w/Margarine Peach Cobbler Milk		Any questions or comments please call Emily Carleo at 704-873-5171. To cancel your meal please call 2 days before.