

Scenic Living
COMMUNITIES

Scenic Therapy

Therapy *Talk*

Education. Inspiration. Better Living.

Join us for an informative and engaging session with our Scenic Therapy Team as we share insights, tips, and tools to support your health, wellness, and everyday living.



DATE:
August 20th



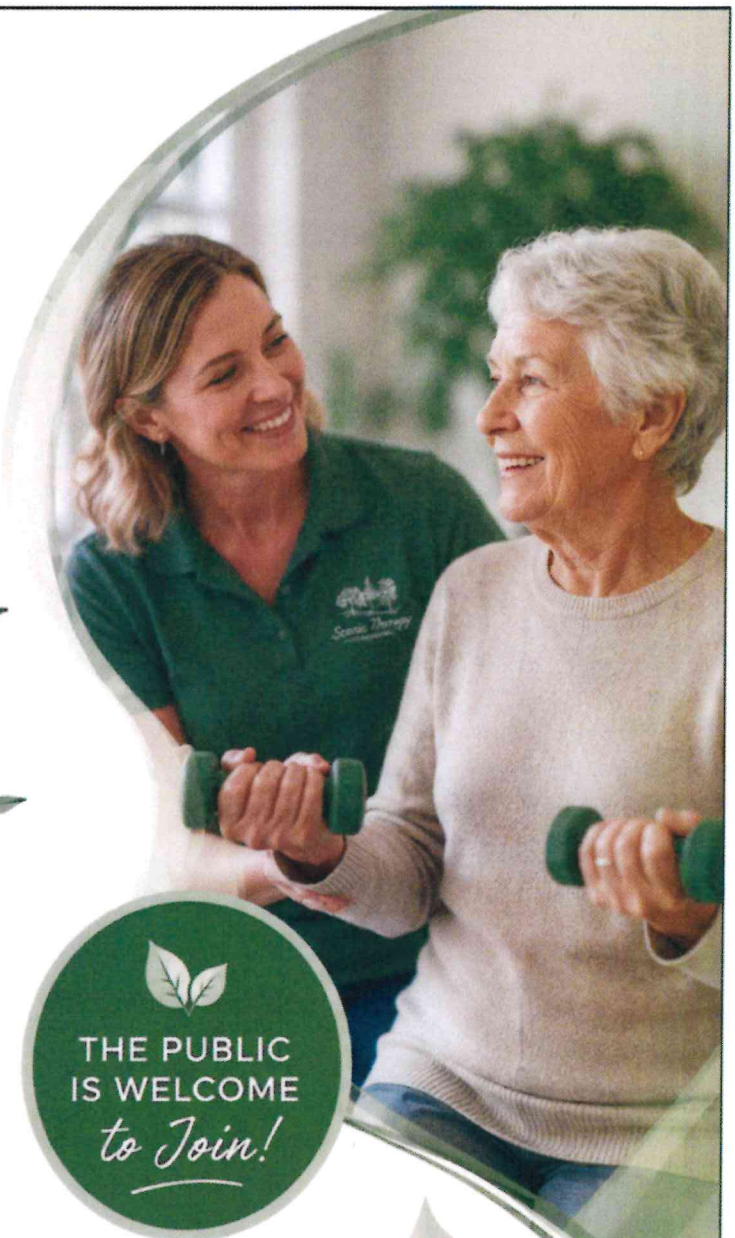
TIME:
2:00 PM



LOCATION:
Cedar Ridge Independent Living
1221 N. Fremont St.
Iowa Falls, IA 50126



IN THE DINING ROOM



TOPICS MAY INCLUDE:

- Staying Active & Independent
- Fall Prevention & Safety
- Pain Management Strategies
- Tips for Everyday Wellness
- *And More!*

PRESENTED BY OUR SCENIC THERAPY TEAM
Here to help you live your best life. ♥