



# Charlotte

## September 2026

| MONDAY                                                                                                                         | TUESDAY                                                                                                              | WEDNESDAY                                                                                                                                                        | THURSDAY                                                                                                                                                   | FRIDAY                                                                                                                                |
|--------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                | 9/1/2026                                                                                                             | 9/2/2026                                                                                                                                                         | 9/3/2026                                                                                                                                                   | 9/4/2026                                                                                                                              |
|                                                                                                                                | Sliced Ham<br>w/ Dijonnaise Sauce<br>Rice Pilaf<br>Green Beans<br>Dinner Roll<br>Tropical Fruit<br>Milk<br>Margarine | BBQ Bone-In Chicken<br>Cheesy Potatoes<br>Coleslaw<br>Dinner Roll<br>Hot Applesauce<br>Milk<br>Margarine                                                         | Beef/Turkey<br>Bolognese Casserole<br>Green Peas<br>Tossed Salad<br>Dinner Roll<br>Peach Crisp<br>Milk<br>Margarine<br>Ranch/Italian Dressing              | Sliced Turkey Breast<br>Swiss Cheese<br>Pasta Salad<br>Cucumber Salad<br>Wheat Bread (2)<br>Grape Juice<br>Milk<br>Mustard/Mayonnaise |
| 9/7/2026                                                                                                                       | 9/8/2026                                                                                                             | 9/9/2026                                                                                                                                                         | 9/10/2026                                                                                                                                                  | 9/11/2026                                                                                                                             |
| Closed                                                                                                                         | Chicken Breast w/<br>Mild Buffalo Sauce<br>Mixed Beans<br>Spinach<br>Dinner Roll<br>Berry Juice<br>Milk<br>Margarine | Turkey Taco Meat<br>Brown Rice<br>Fiesta Vegetables<br>Flour Tortilla<br>Fresh Fruit<br>Milk<br>Taco Sauce<br>Sour Cream                                         | Beef Patty<br>Lettuce, Tomato & Onion<br>Baked Beans<br>Hamburger Bun<br>Hot Cinnamon Applesauce<br>Milk<br>Mayo/Mustard/Ketchup                           | Chicken Chef Salad<br>Macaroni Salad<br>Carrot Raisin Salad<br>Wheat Crackers (6)<br>Mandarin Oranges<br>Milk<br>Ranch Dressing (2)   |
| 9/14/2026                                                                                                                      | 9/15/2026                                                                                                            | 9/16/2026                                                                                                                                                        | 9/17/2026                                                                                                                                                  | 9/18/2026                                                                                                                             |
| Meatloaf w/Brown Gravy<br>Mashed Red Potatoes<br>Green Beans<br>Dinner Roll<br>Diced Peaches<br>Milk<br>Margarine              | Pinto Beans<br>Macaroni & Cheese<br>Mixed Greens<br>Cornbread<br>Strawberry Applesauce<br>Milk<br>Vinegar            | Chicken Breast w/<br>Lemon Scarpariello Sauce<br>Rotini Pasta<br>Tossed Salad<br>Dinner Roll<br>Pineapple Cobbler<br>Milk<br>Margarine<br>Ranch/Italian Dressing | Braised Pork w/<br>Bourbon Sauce<br>Parslied Rice<br>Brussel Sprouts<br>Dinner Roll<br>Tropical Fruit<br>Milk<br>Margarine                                 | Honey Mustard<br>Chicken Salad<br>Lettuce & Tomato<br>Pasta Salad<br>Hamburger Bun<br>Mixed Fruit<br>Milk                             |
| 9/21/2026                                                                                                                      | 9/22/2026                                                                                                            | 9/23/2026                                                                                                                                                        | 9/24/2026                                                                                                                                                  | 9/25/2026                                                                                                                             |
| Chicken Fajitas w/<br>Peppers & Onions<br>Fiesta Rice<br>Black Beans<br>Flour Tortilla<br>Tropical Fruit<br>Milk<br>Taco Sauce | Tuna Salad<br>Lettuce & Tomato<br>Three Bean Salad<br>Wheat Bread (2)<br>Applesauce<br>Milk                          | Beef & Chicken Meatballs<br>w/Tomato Sauce<br>Penne Pasta<br>Sliced Carrots<br>Dinner Roll<br>Tropical Fruit<br>Milk<br>Margarine                                | Garlic Rosemary<br>Bone-In Chicken<br>Whipped Potatoes<br>Tossed Salad<br>Dinner Roll<br>Hot Sliced Peaches<br>Milk<br>Margarine<br>Ranch/Italian Dressing | Beef Patty<br>Lettuce, Tomato, & Onion<br>Baked Beans<br>Hamburger Bun<br>Hot Spiced Fruit<br>Milk<br>Mayo/Mustard/Ketchup            |
| 9/28/2026                                                                                                                      | 9/29/2026                                                                                                            | 9/30/2026                                                                                                                                                        |                                                                                                                                                            |                                                                                                                                       |
| Chicken Alfredo<br>Broccoli<br>Sliced Carrots<br>Dinner Roll<br>Baked Cookie<br>Milk<br>Margarine                              | Sliced Ham<br>w/ Dijonnaise Sauce<br>Rice Pilaf<br>Green Beans<br>Dinner Roll<br>Tropical Fruit<br>Milk<br>Margarine | BBQ Bone-In Chicken<br>Cheesy Potatoes<br>Coleslaw<br>Dinner Roll<br>Hot Applesauce<br>Milk<br>Margarine                                                         |                                                                                                                                                            |                                                  |

*Courtney Furr RD, LDM*  
Dietitian

Program Director

AAA Administrator

Date

Date

Date

**Allergen Disclaimer:** Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.