FORESTHILL FRIENDSHIP CLUB RECIPES

This summer recipe is from the 1981 Todd Valley Friendship Club Potluck Recipes cookbook. Foresthill ladies had a lot of pot luck lunches and dinners at that time to raise funds for the Todd Valley Fire Station. Using the produce of the season – zucchini, tomatoes and peppers, makes this recipe good for any Summer.

ZUCCHINI CASSEROLE

1 sliced zucchini, large size
1 lb. ground beef
1 large onion, sliced
1 clove garlic, crushed & minced
2 tomatoes, sliced
1 small green pepper, sliced
1 cup grated cheese
Salt & Pepper to taste
1 – 8 oz can tomato sauce
Parsley

Brown sliced zucchini, remove and brown ground beef, remove and drain. Blanch onion and green pepper. Layer in greased 2 quart baking dish, zucchini, beef, tomato, cheese, salt, pepper, onion, garlic, and green pepper. Sprinkle with parsley, add tomato sauce. Basil enhances the flavor. Bake at 350 degrees for 60 minutes.

Recipe by Jean Stark

Submitted by Margaret Venturini
Foresthill Friendship Club