

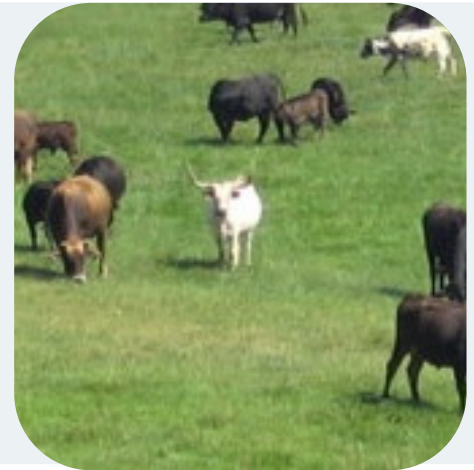


## THIS WEEK AT THE MARKET

Did you know that Clifford's Perennials and Carter's Nursery and Landscaping are vendors at the Saturday Market? They can offer advice about planting for our area, and they sell quality plants. If you're replacing plants damaged by the winter freeze, stop by these vendors for suggestions and excellent plant prices. Triple A Farms is also selling locally grown annuals, hanging baskets, and potted plants. We have more than food at the Saturday Market. #buylocal

## LOCALLY RAISED BEEF AND PORK

The Saturday Market features four meat vendors who sell their locally raised beef and pork. Check out the selections from Wagyu Farms (Van Thompson), Southern Ridge Farm (Keith Cannon), Double A Farm (Steve Ahern), and HPA Farm (Jon Powers). These farms produce grass-fed, pasture-raised beef and select cuts you won't find in the grocery. Photo from Double A Farm in Coalmont, TN.



## VENDOR SPOTLIGHT: QUARTER SPRINGS FARM

Jonathan and Heather added agritourism to their farm in Liberty, TN. Visitors can stay at the "dome" and hike with the goats. QSF is a member of the North American Pack Goat Association, and they train their male goats to carry packs for hikers. Stop by their tent at the market for goat milk soaps and more or book a farm visit at <https://www.hipcamp.com/en-US/land/tennessee-quarter-spring-farm-y0zhzl6e?shareid=2furb4ku6l7>

@MurfreesboroSaturdayMarket

[mainstreetmurfreesboro.org/saturday-market](http://mainstreetmurfreesboro.org/saturday-market)