n attilized ings

PUBLISHING CORPORATION

Kn@WEwell





HEALTHY LIVING | HEALTHY PLANET

MISSION STATEMENT To **EMPOWER** individuals to live a healthier lifestyle on a healthier planet.

To EDUCATE communities on the latest in natural health and sustainability.

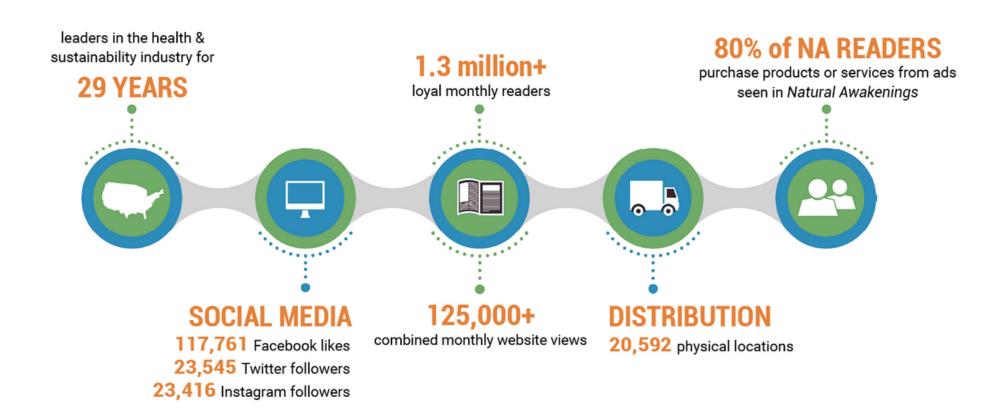
To CONNECT readers with local wellness resources and events, inspiring them to lead more balanced lives.





ABOUT US

2023 MARKS THE 29TH YEAR THAT NATURAL AWAKENINGS MAGAZINES HAVE BEEN PUBLISHED!





PRINT

Target marketing is the key to our success. Our unique business model connects advertisers with like-minded readers seeking their products and services. Our loyal readership and retention rate proves our success.

DIGITAL

WE'VE EXPANDED OUR OFFERINGS

With the world being more online today than ever, we have added new digital products to help our advertisers promote their business beyond print to broaden their reach. Opportunities now include a range of digital advertising and promotional benefits, as well as digital services through KnoWEwell (parent company).

PRINT + DIGITAL

Consistency matters! Combining our dedicated readership with an online audience is what will set your business apart.



NATURAL AWAKENINGS READERS

Who Is The Natural Awakenings Reader?

We've spent the last 25-plus years serving the LOHAS market, and we know what it takes to reach these consumers. According to our readership surveys conducted over the years, our total readership is majority **female** (54%), and:

88% have been reading Natural Awakenings for at least 6 months,

44% purchase from our advertisers between 2 and 3 times per month,

69% are between the ages of 25-44,

81% are college educated,

65% have an annual income in excess of \$45K.

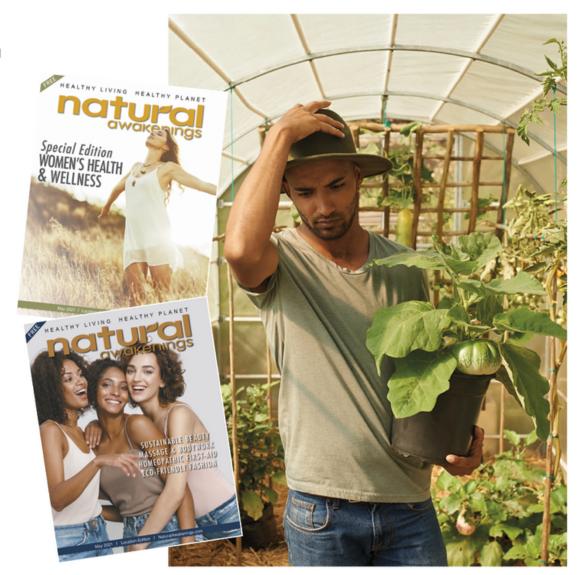
49% purchase healthy or organic food, and

51% attend exercise or fitness events.

(According to a 2021 survey of our readers)

Our Readers' TOP 5 Interests Are:

- 1. HEALTHY LIVING
- 2. COMPLEMENTARY & HOLISTIC HEALTH CARE
- 3. PERSONAL DEVELOPMENT
- 4. ECOLOGICAL LIFESTYLES
- 5. SUSTAINABLE ECONOMY





THE EDITORIAL PILLARS

We uphold the highest journalistic standards.

EACH MONTH YOUR BUSINESS IS AMONG CUTTING-EDGE INFORMATION IN NATURAL HEALTH, NUTRITION, FITNESS, PERSONAL GROWTH AND GREEN LIVING EDITORIALS.



Articles by Journalists and Industry Experts



Independent Expert Interviews



Evidence-Based and Fact-Checked



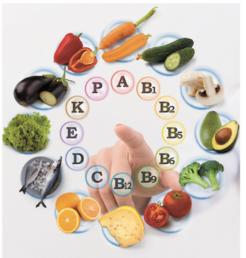
DIVERSE, TARGETED DISTRIBUTION

Reach More than 1.3 Million Consumers Monthly

A free community publication, *Natural Awakenings* is distributed at hundreds of locations in each member city or metropolitan area, providing an unsurpassed depth of market penetration, with **18,000+ distribution locations**. Our readers can pick us up all month at:

Health food stores and markets • Food co-ops • Vitamin and herb shops • Retail stores • Gift shops • Restaurants, cafés and coffee shops Holistic clinics and centers • Practitioner offices • Fitness centers • Recreational centers • Spas & retreat centers • Nonprofit organizations Local and regional expos and conferences • Schools and educational centers • Newsstands • Bookstores • And many other locations!











Local Organization Strives for Plastic-Free Living Plastic Free MKE is a collabora-tion of community members, from single-use plastics in our city Plastics contaminate our air, food and water, 22 million pounds of Plastic Fore MKE recently partnered with scientists at the School of Freshwater Sciences to present a webinar explorin 3-chool of Freshwater Sciences to present a wetcome exporting the Gent Lakes system in relation to plant; pollution, and with Milwauker Riverkeeper for a webiant covering brand aualits to hold polluters accountable. Plantic Free MXE's waterway protec-tion intitutives include the Lake Friendly Certification program, tion institutes include the Lake Prientity Certification program, which certifies and promotes resituation, been sed called that have taken steps to reduce single-use plantics. Plastic Free MXEs website hits information about the effect of plantic on the Great Laken and on our health and our climate, as well as tips on how to live plastic-free.

For more information or to get involved, visit PlantsFreeMKE.org

News Brief

Appearing in the front of the magazine, a news brief announces a piece of news about your business and gives additional details. They average around 175 words.

CATEGORY

BUSINESS NAME HERE Info Line #2





Short, 25-word description goes here. The description in this example is 25 words. Let us know if you would like help condensing your message. See ad, page xx.

Community Resource Guide Listing (CRG)

Consists of a category, four information lines, a 25-word description and an image. These appear in a section in the back of the magazine.

SAMPLE PRINT ITEMS



Spotlight Article

Appearing in the main body of the magazine, spotlight articles are about you and your business.

Advertisements

From full page to quarter page your product or service offering., or content article.



Do you want to have more **ENERGY, lose WEIGHT,** have better SEX and live LONGER?

Call today for your initial consult!







Event Calendar

Dated calendar in the back of the magazine, containing listings for that issue month. 25 words.

WEDNESDAY, JUNE 20

Healthy Home & Body - 6-8pm. Learn how to keep home and body clean while minimizing the impact on our planet. RSVP required. Creative Spa Center, 111 Main St, Sampleville. 123-456-0123. YourUrl.com.

Ongoing Calendar

Calendar in the back of the magazine for events that always take place on the same day of the week, same time and location. 25 words.

wednesday

Teachers' Appreciation Group- 6:30-8pm. 2nd Wed. Creative ideas appreciated. Everyone is welcome. Refreshments provided. Lakeland Community Center, 111 Main St, Sampleville. 123-456-0123. Website@YourUrl.com.

2023 Media Kit-

MASTER CLASS NOV



MULTI-MARKET PRINT AD RATES

All rates are per market, per month

45+ MARKETS

Size	12 Months 25% Discount	6 Months 15% Discount	1-3 Months	Design
Full Page	\$784	\$888	\$1045	\$225
2/3 Page	\$575	\$651	\$766	\$170
1/2 Page	\$454	\$514	\$605	\$140
1/3 Page	\$314	\$356	\$419	\$105
1/4 Page	\$252	\$286	\$336	\$85





National Digital Add-Ons

12-month contract advertisers receive a 15% discount on:

- · Banner advertising
- National website sponsorship
- · A sponsored content article
- 4 News briefs
- 5 calendar listings per month





PDF

- Please create PDF/X1a compliant files; CMYK.
- Please submit/upload to: Ads@NaturalAwakeningsMag.com

File Specifications/General Guidelines

- Include/embed all fonts and artwork.
- 300 dpi for images
- CMYK only. Convert any Spot colors not intended to print into CMYK.
- All RGB elements must be converted to CMYK.
 Pantone Elements must be converted to CMYK.
 Do not use illegal characters in file names.

Fonts

- 4 Color black type should not be used. If used, note there is a potential for registration concerns.
- Free fonts or system fonts should not be used. If used, they must be outlined.
- Set type in InDesign or Illustrator (not Photoshop) to avoid low res soft type.
- 4 Color type should not exceed 300% density.

Document Settings

- · Ads should be built at 100% trim size.
- Full Page bleed ad, extend bleed to .25" on all sides.
- Full Page bleed ad, all live content intended to print must be kept at least .375" inside trim size.

PRINT AD SPECS

File Preparation

Please adhere to the guidelines below when preparing files.



No computer-printed material or website images are accepted.



COMBINED NATIONAL & INTERNATIONAL REACH

NAPC & Hub Representation across the U.S.

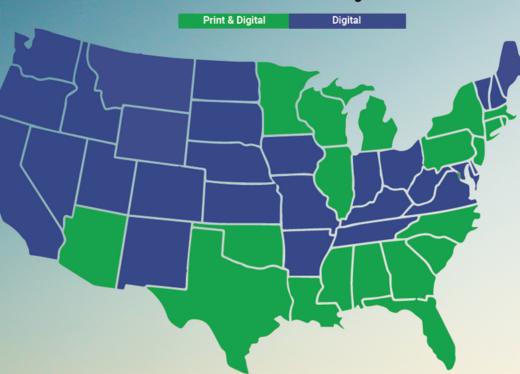
NAPC 45 Print & Digital Magazines in 46 Territories

WEBSITES

200

COMMUNITIES

KnoWEwell & Natural Awakenings US Reach



KnoWEwell International Partnership and Membership Reach

Australia | Brazil | Canada | Colombia | Costa Rica | France | Hungary | Iceland | India | Ireland | Israel | Mauritius | Philippines

Poland | Saudi Arabia | South Africa | Sweden | Switzerland | United Arab Emirates | United Kingdom | United States

Natural Awakenings Territories

Alabama (1)

Gulf Coast AL/MS

Arizona (2)

Phoenix Tucson

Connecticut (1)

Fairfield County/ Housatonic Valley

Florida (10)

Daytona/Volusia/Flagler Ft. Lauderdale Jacksonville/St. Augustine Naples/Ft. Myers Northwest FL Orlando Palm Beach County Sarasota/Manatee/Charlotte

Space & Treasure Coast Tampa Bay

Georgia (1) Atlanta

Illinois (1)

Chicago Louisiana (1)

Acadiana

Massachusetts (1) Boston

Michigan (5)

East MI Grand Traverse Region Greater Ann Arbor Detroit/Wayne & Monroe Cos. Western MI

Minnesota (1)

Minneapolis/St. Paul

New Jersey (6)

Central NJ Hudson County Monmouth/Ocean Counties North NJ North Central NJ South NJ

New York (3)

Long Island New York City Westchester/Putnam/ **Dutchess Counties**

North Carolina (2)

Charlotte Coastal Carolinas

Oklahoma (1)

Oklahoma Čity*

Pennsylvania (5) Bucks/Montgomery Cos. Lancaster/Berks Cos.

Lehigh Valley Pittsburgh South Central PA

Rhode Island (1)

Providence South Carolina (1)

Columbia

Texas (2) Dallas

Houston

Wisconsin (1) Milwaukee

digital only

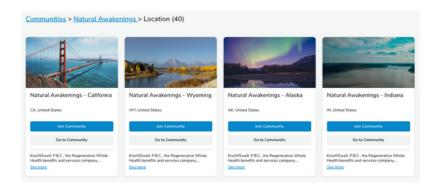


DIGITAL SOLUTIONS











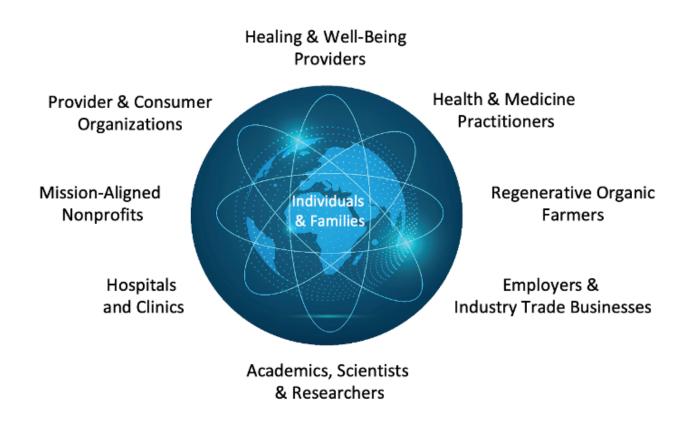




REGENERATIVE WHOLE HEALTH HUB

KnoWEwell's Global, Trusted RWH Digital Ecosystem

"Integrated ecosystems
are essential –
product, service, social
media, community,
and environmental
activism built around
the consumer." –
PricewaterhouseCoopers,
The Rise of Wellcare



Growing Industry Leading
Domestic and International
Collaborative Partners





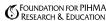






























DIGITAL ADD-ONS





NAPC CATEGORIES

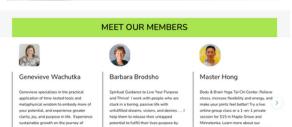
Scrolling NAPC categories

PREMIUM (Center)

Hyperlinked to Professional or Organization Profile

WIN A FREE WEEKEND PASS TO 12th Annual Midwest Women's Herbal Conference Weekend:

MEET OUR SPONSORS



potential to fulfill their lives purpose by

dilizing their soul's Akashic Record.

SPONSOR (Logo)

Hyperlinked to Organization Profil

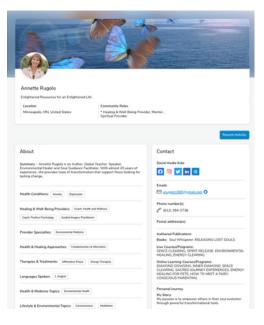
BANNER

Scrolling

DIRECTORY

Hyperlinked to Professional Profile

PROFESSIONAL PROFILE



ADVERTISEMENT SIZES

PREMIUM (Center)

Hyperlinked to Professional or **Organization Profile** size price

SPONSOR (Logo)

Hyperlinked to Organization Profile size price

ORGANIZATION PROFILE



BANNER

Scrolling size price

DIRECTORY

Hyperlinked to Professional Profile size price

healing and empowerment to: - Gain greater awareness and understanding of



EVENTS | ARTICLES REACH



SYNDICATION LOCALLY, REGIONALLY, NATIONALLY AND GLOBALLY

LOCAL

1 Market Website



REGIONAL

3-5 Market Websites



WY, United States



Natural Awakenings - South Dakota SD, United States

NATIONAL

50 States & 70 Websites





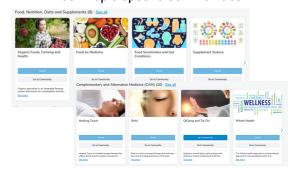
KnoWEwell Website

Live & Online Directories



In-Hub

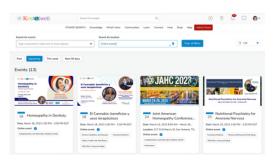
200+ Topic Specfic Communities



KnoWEwell Website & in Hub



In-Hub **Global Local** Live and Online Directories



Website and In-Hub

POWER SEARCH

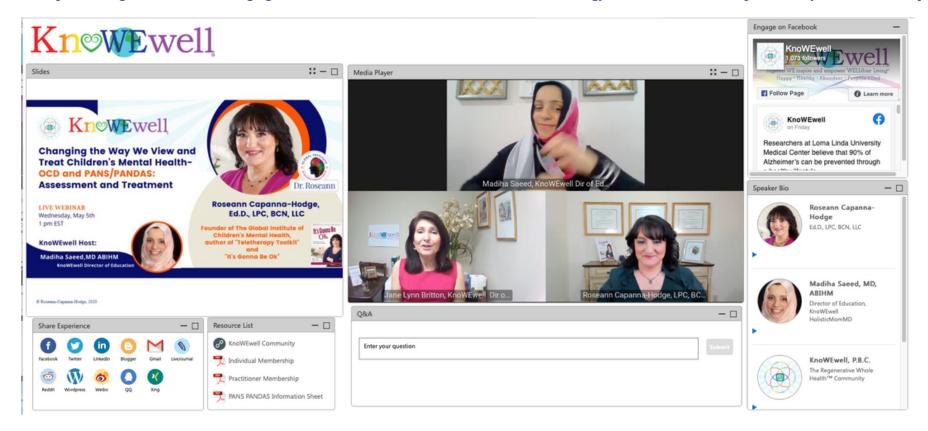




WEBINARS | CONTENT MARKETING



Bring your thought-leading scientists, researchers, or providers, and share your knowledge with our like-minded, motivated community seeking to learn and engage. We will co-host and moderate a meaningful discussion with your subject-matter expert.



Webinar Set-up and Promotion: We will produce and facilitate an interactive, educational webinar with evidence-based content produced and presented by your thought leader (e.g., scientist, provider, researcher, or another subject-matter expert). Your webinar will be promoted on the platform as follows:

- Listed in the searchable in the global Events and Online Events directory and up to five Topic Specific Communities up to 30 days in advance of the session
- Promotion of the upcoming webinar in global newsletter and through social media, as well as in the Activity Digest, for those members who have opted-in to notifications
- Recorded, uploaded, archived, and available for playback from the Past Online Events directory

- · Live and on-demand webcast delivery
- Pre-recorded simu-live
- Live screen share and webcam
- Broadcast video
- · Support for slides and video clips
- · High accessibility
- Audio via web or phone
- 1.000 maximum attendees
- No plug-ins or downloads
- Registration source tracking and social sharing
- · Multi-event, single-form registration
- Automated, customizable email notifications
- Mobile-friendly viewing
- Personalized presenter and audience views

- Dynamic webcast console, video, bio, resources, multi-person view, social media
- · Support for multiple presenters
- Engage with polls, and live Q&A
- Offer handouts and resources for download
- Gain insight through attendee surveys
- Social media widgets
- Group chat and idea-sharing tools
- Testing and certification tools
- Real-time, robust webcast analytics
- · KnoWEwell services and support
- More insights with same-day marketing analytics
- Perpetual program archiving on KnoWEwell website





KNOWEWELL MEDIA KIT

KnoWEwell Media Kit

KnoWEwell's audience and RWH members are thirsty for today's knowledge to educate and inspire them. As such, our sponsor packages are focused on multimedia educational content. Use link to KnoWEwell Media Kit and see pages 10-13 for description details of each package.



	EDUCATIONAL CONTENT PACKAGE	TOPIC GROUP SPONSOR PACKAGE	FOUNDING PATRON PACKAGE*
Brand Recognition			
Founding Partner Recognition			Lifetime
Topic Group Recognition		1	Lifetime
Organizations Directory	•	•	Lifetime
Educational Content Marketin	ng .		API available
Type and Frequency			
Live Hosted Webinars	2 (bi-annually)	4 (quarterly)	12 (1 per month)
Live Events Listing	2 per month	4 per month	Unlimited
Article	6 (1 every other month)	12 (1 per month)	52 (1 per week)
Video	6 (1 every other month)	12 (1 per month)	52 (1 per week)
Infograph	6 (1 every other month)	12 (1 per month)	52 (1 per week)
White Paper	6 (1 every other month)	12 (1 per month)	52 (1 per week)
Featured Placements and Not	ifications		
Platform Wide			
Power Search	•	•	•
Live Feed	•	•	•
News	•	•	•
Live Events Directory	•	•	•
Webinar Calendar	•	•	•
Knowledge/Media Center	•	•	•

	EDUCATIONAL CONTENT PACKAGE	TOPIC GROUP SPONSOR PACKAGE	FOUNDING PATRON PACKAGE*
Specific Topic Group(s)			
Live Feed	1	3	5
News	1	3	5
Live Events Directory	1	3	5
Media Center	1	3	5
Weekly Notifications			
Activity Digest	•	•	•
Member Marketing			
Targeted email up to 250 best- matched interested members	6 (1 every other month)	12 (1 per month)	12 (1 per month)
Founding Patrons email to new members with opt-in			•
Product and Services Promotion	is		
Specific topic group promotions page & promotions topic group	6 (1 every other month)	12 (1 per month)	Dedicated webpage
Opportunities Directory			
Full-page 30-day post of jobs, internships, etc.	6 per year	24 per year	Unlimited
KnoWEwell Memberships			
Basic individual memberships	250	500	1,000 ^
PRICING	\$10,000 Per Year	\$20,000 Per Year	\$100,000 One-Time Cos
	(\$33,000 value)	(\$79,000 value)	(priceless)

Alla carte and custom packages are available. For more information, speak with your KnoWEwell representative. * Lifetime is defined as 25 years. * Sponsored content is reviewed by KnoWEwell prior to publishing to ensure it is mission-aligned and meets KnoWEwell's standards and polities. KnoWEwell reserves the right to accept or reject any and all marketing content on its platform.

^{^ \$200} for each 1,000 additional individual memberships





INTEGRATED APPLIFIED BRANDED EXPOSURE

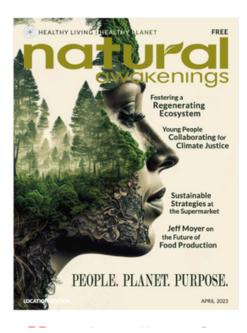
Example Integrated Print and Digital Brand Experience

Monthly: Underwritten Article: New NAPC Dept in print & online magazines HOMEOPATHY Nature's Medicine Chest

- Joint multi-media content planning
- NAPC Journalist
- Boiron recognition

NAPC & KnoWEwell Promotion

On KnoWEwell, <u>NAPC</u> and Franchisees <u>current</u> and <u>new websites</u>, in <u>Hub</u> & social



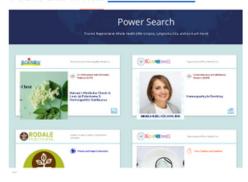
Weekly: Sponsored online <u>articles</u> or other multimedia edu content and <u>events</u>

NAPC and KnoWEwell websites and in Hub





Public and in Hub POWER SEARCH



Monthly: Sponsored Webcast Show e.a.: Homeopathy Healing Success Stories



Sponsored: Online News Briefs

Boiron in the news, partner announcements, etc.



The Healing Power of Plants in Homeopathy April 22, 2023

American poet Ralph Waldo Emerson once wrote, "The earth laughs in flowers." And if you top to consider all the ways plant life has helped humanity, you'll know that the earth heals through flowers, too. For homeopathy, flowers and herbs have long been the source of active ingredients providing indispensable relief for a wide range of allments.

The healing power of plants is critical to homeopathy, a form of natural medicine that sources from the earth. It may be surprising to low that plants form the basis of many homeopathic remedies you know and love. Arrica mortans, one of the most popular medicines, is made from a type of daily that grows in the mountainer of France and Europe Other well-known homeopathic plant ingrederes include Calendula (garden maripolis). Chamomistic Borman chamomistic, and typercinem perforation EX. John's worth.

Shoppable Product Company in Hub

Branded Community

Featured Partner in <u>Homeopathy Community</u> Posts, Articles, Media , Promotions, <u>Events</u>

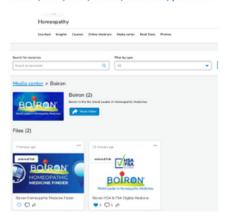
Part

KneW Sixed Community

Market to go and have Barrier homespring 100 years seemed to go without a seed on the individual to be beyond the seed of the seemed to go without the seemed to go with the seemed to go without the seemed to go with the seemed to go

Media Center Resources

Folders, Files, links, videos, webcasts, pdf's etc.





EMAIL ADVERTISING



1. BANNER ADS

What Is It?

Banner ads are within our monthly email newsletters. Given their highly targeted nature they are considered one of the most effective methods for reaching potential customers.

RETAIL: \$200/month (includes two mailings)

2. **DEDICATED** EBLAST

What Is It?

An email sent out to our network dedicated solely to your business with your desired messaging. This is a perfect opportunity to showcase an upcoming event, special promotion, or new product or service.

RETAIL: \$60 per 1,000 subscribers

17 K Subscribers

Global Mailing List

43.0%

KWW Average Open Rate

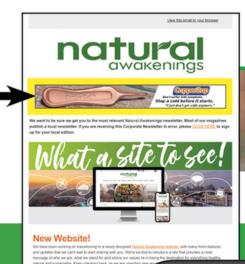
12 K Subscribers

National Mailing List

28%

NA Average Open Rate



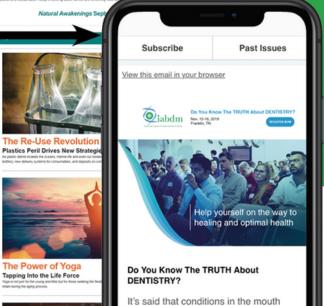


Ayurvedic Cooking Ancient System Restores Balance



Why These Work ...

Banner ads and dedicated emails can help you stand out in multiple ways with a consistent presence to promote a product or service and drive traffic to your site, generating leads for your business.



may play a role in 90% of all health problems - including those that

wouldn't seem to involve the mouth at

Autoimmune disorders. Neurological

Banner 728x90

JPG and animated GIF files are accepted.

Ad Sizes

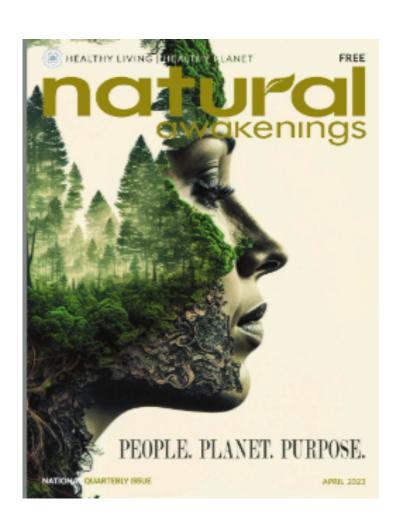






NEW NATIONAL DIGITAL MAGAZINE

Interactive No Skip Ads | Interactive Video | Click Through Purchases

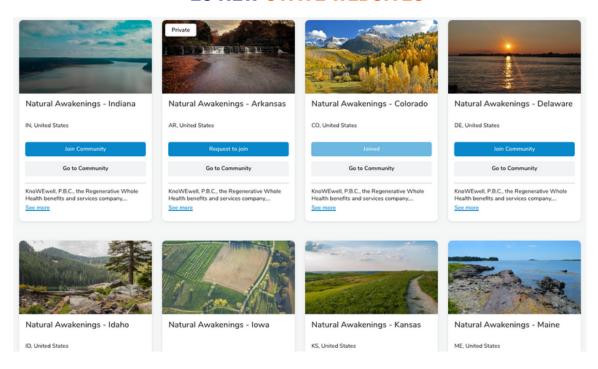


CALL FOR SPECIAL PRELAUNCH PRICING!

ON NEW NAPC NATIONAL WEBSITE



+ 28 NEW STATE WEBSITES





NEW SUBSCRIPTION MAGAZINE

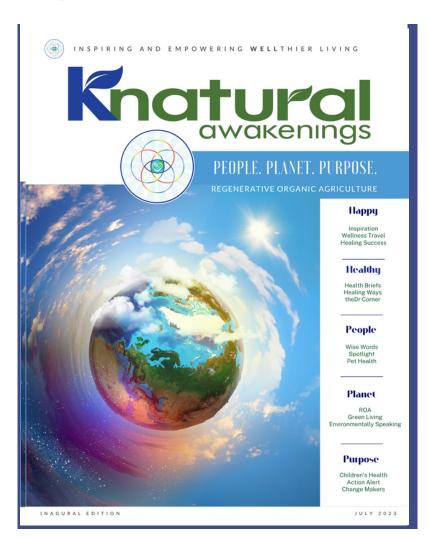


LAUNCHING SOON!

Expanded Combined NAPC and KnoWEwell Content in New Mobile Application









CALL FOR SPECIAL PRELAUNCH PRICING!

BUSINESS PARTNER SOLUTIONS

START. GROW. SCALE.

Whether you are just starting your business or looking to grow your impact and scale nationally or globally, we are partnering to bring you the best in class technology and provider services to help you achieve your mission and make your journey easier.











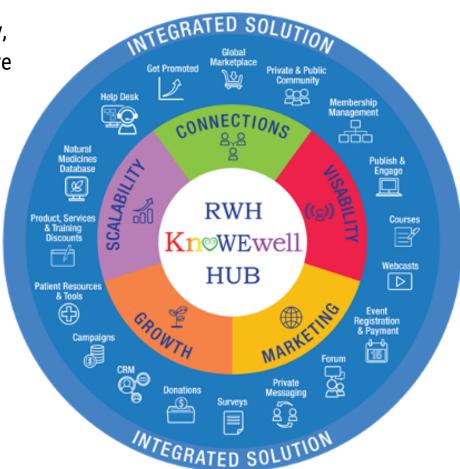
TURN-KEY BUSINESS SOLUTION

YOUR ALL-IN-ONE TURN-KEY BUSINESS SOLUTION

Public website and/or public and private community, membership management, education, CRM and more

PRICELESS VALUE: low-cost, high-value, integrated technology solution with partner promotion in a growing Hub of your key target audience.

Get a personalized demo Call today!







BRANDED STORE FRONT



YOUR ALL IN-ONE BRANDED COMMUNITY & STORE FRONT

Global Trusted RWH Marketplace

You market, we promote, and members shop for everything you, your business and nonprofit offer.

Our growing, like-minded ecosystem of health and wellness consumers have selected their interests, are actively seeking your knowledge and services, and have opted-in for you to be able to educate and direct target-market your knowledge, programs, books and services



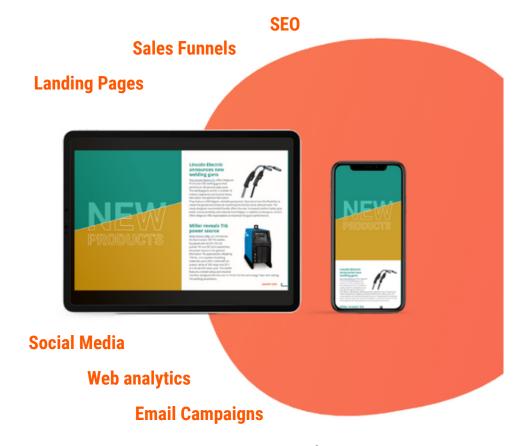


INTERNET MARKETING STRATEGY ++



Today's competitive marketplace demands that you have a comprehensive online strategy that includes multiple channels. Digital marketing gives you the ability to reach a broader audience, drive more people to your content, increase ROI, and build better relationships with your readers.

Achieve unmatched growth with minimum worry and without needless outside costs. We only present you what you need to think about. We swat down the fluff and present you with the deeper value-adds instead.



We'll work with you to set clear strategic goals for what you want to achieve online in terms of gaining new customers or building deeper relationships with existing ones. After analyzing your existing business, we'll help you create a digital marketing strategy that builds more awareness for your brand and drives results.

By leveraging digital marketing tools, including search engine optimization (SEO), sales funnels, landing pages, social media, and web analytics alongside our specialized expertise, we can help you drive highly-targeted traffic that delivers the results you desire.

DEVELOPER SOLUTIONS



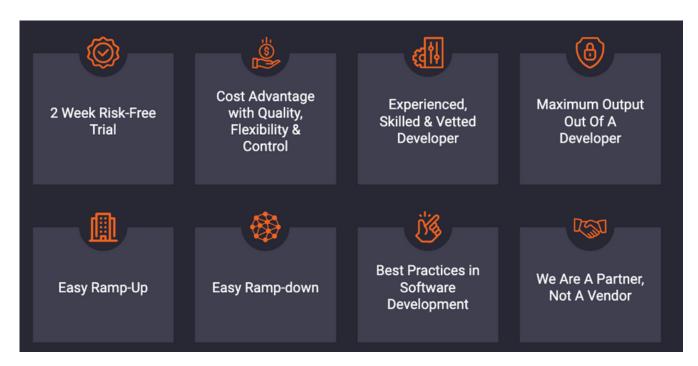
AWARDS











CERTIFICATIONS





Get Started with 2 Weeks Risk Free Trial

We believe that in your success lies our success. Our team of vEmployees are an extension of your team, working with you to make you successful.

IT INFRASTRUCTURE SOLUTIONS

Every Business Relies on Technology

80%

of small businesses are not taking full advantage of available technology. 28%

of data breaches in 2020 involved small businesses 13.5%

increase in remote workforce is expected, even after the pandemic

IT Consulting

We give you the time and the guidance your business requires. Our clients get personalized advice.

Managed Services

Systems administration, device management, end-user support, we can fully run or supplement your IT.

Managed Security

We provide threat, cloud, infrastructure, data, identity, and response management for your entire organization.

Backup and Recovery

We protect your business against data loss by providing industry's best backup and recovery methods.

Cloud Solutions

Your team's collaboration rely on the cloud: we deliver solid infrastructure, agile platforms and highstandard services.

Email Hosting

Our hosted email solutions provide your business with secure email and advanced communication features.

Voice Over IP (VoIP)

Solutions with functionality such as a mobile app, video conferencing, voicemailto-email delivery, and more.

Compliance

We help your business to comply with data laws, regulations, and guidelines relevant to your industry.

















Contact us for custom business services bundles and to schedule a demo.

Call:

1-855-KWE-WELL (593-9355)

CONTACT

KNOWEWELL.COM
E: SPONSORS@KNOWEWELL.COM

VIEW KNOWEWELL MEDIA KIT