

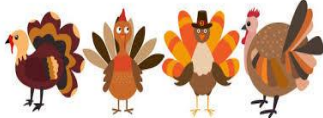




November 2023



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Sliced Turkey Breast w/ Gravy Mashed Yams Broccoli Dinner Roll Oatmeal Crème Cookie Margarine Milk	2 Sweet & Sour Chicken Brown Rice Mixed Vegetables Dinner Roll Applesauce Margarine Milk	3 Sliced Ham Swiss Cheese Lettuce/Tomato/Mustard/Mayonnaise Potato Salad Wheat Bread (2) Orange Juice Milk
6 Beef Chili w/ Beans Brown Rice Whole Kernel Corn Dinner Roll Pineapple Tidbits Margarine Milk	7 Braised Pork w/ Mushroom Gravy Mashed Red Potatoes Mixed Greens Dinner Roll Baked Cookie Margarine & Vinegar Milk	8 Honey Baked Chicken Macaroni & Cheese Brussels Sprouts Dinner Roll Strawberry Applesauce Margarine Milk	9 Meatloaf w/ Brown Gravy Whipped Potatoes Sliced Carrots Dinner Roll Fruit & Grain Bar Margarine Milk	10 Closed 
13 King Ranch Chicken Thigh Parslied Rice Glazed Carrots Dinner Roll Mandarin Oranges Margarine Milk	14 Hamburger Patty Lettuce/Tomato/Onion Roasted Potatoes Hamburger Bun Mixed Fruit Cobbler Ketchup/Mustard Milk	15 Pinto Beans Macaroni & Cheese Turnip Greens Cornbread Apple Juice Margarine & Vinegar Milk	16 Glazed Ham Whipped Potatoes Green Beans Dinner Roll Fudge Crème Cookie Margarine Milk	17 Chicken Parmesan Penne Noodles Broccoli Dinner Roll Cranberry Applesauce Margarine Milk
20 Salisbury Steak w/ Gravy Brown Rice Cabbage & Carrots Dinner Roll Baked Cookie Margarine Milk	21 Cranberry Dijon Chicken Whipped Potatoes Garden Vegetable Blend Dinner Roll Mandarin Oranges Margarine Milk	22 Sliced Turkey Breast w/ Gravy Cornbread Dressing Green Beans Dinner Roll Baked Cookie Margarine Cranberry Sauce Milk	23 Closed 	24 Closed 
27 Bourbon Chicken Thigh Ranch Whipped Potatoes Parslied Carrots Dinner Roll Baked Cookie Margarine Milk	28 Beef/Chicken Swedish Meatballs Egg Noodles Green Bean w/ Peppers Dinner Roll Fresh Banana Margarine Milk	29 Sliced Turkey Breast w/ Gravy Mashed Yams Broccoli Dinner Roll Oatmeal Crème Cookie Margarine Milk	30 Sweet & Sour Chicken Brown Rice Mixed Vegetables Dinner Roll Applesauce Margarine Milk	Any questions or comments, please call Amy at 704-873-5171 Ext 103 To cancel your meal please call 2 days in advance.

